



Empathic Collaboration in Extended Reality

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Empathy

“Seeing with the Eyes of another,
Listening with the Ears of another,
and Feeling with the Heart of another ...”

Alfred Adler



Experiencing the reality of another

Sensors

Understanding

Systems that can understand your feeling and emotions

Extended
Reality

Experiencing

Systems that can help you better experience the world

Sharing

Systems that help you better share your experiences with others

“Virtual Reality is the ultimate empathy machine ...”

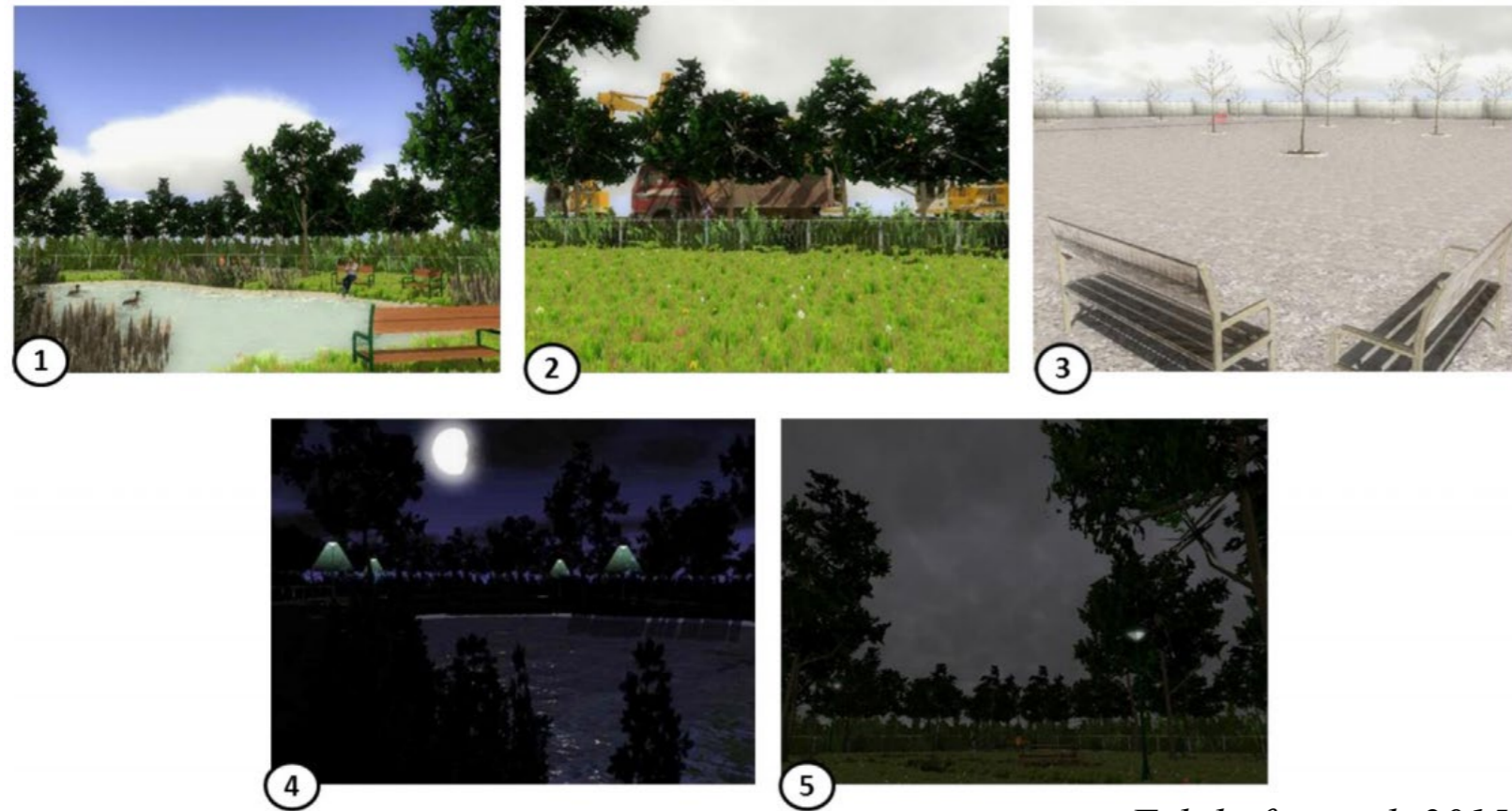
- Chris Milk



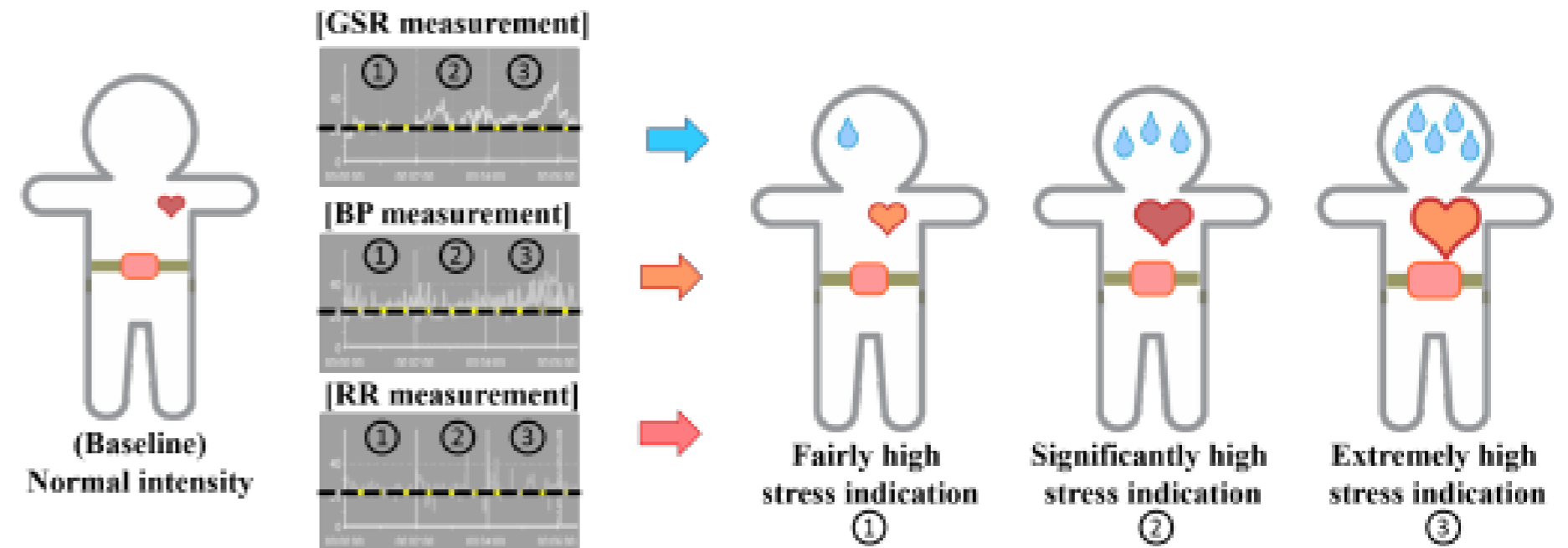
Extended Reality Systems that can
Measure | Share | Adapt to | Manipulate
Emotion and Cognition in real time

- Physiological (ECG, EDA, EMG, Pupil)
- Neurological (EEG)
- Behavioural (Speech, Posture, Movement)

Background



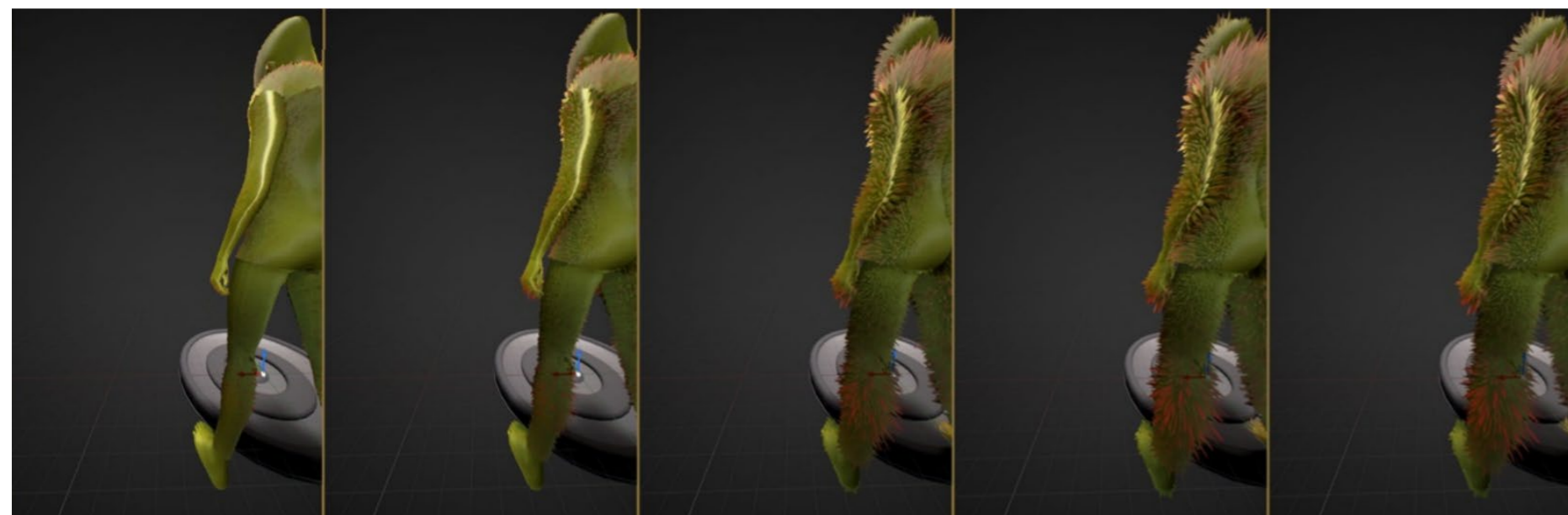
Felnhofer et al. 2015



Tan et al. 2014

Physiological cues = higher sense of co-presence

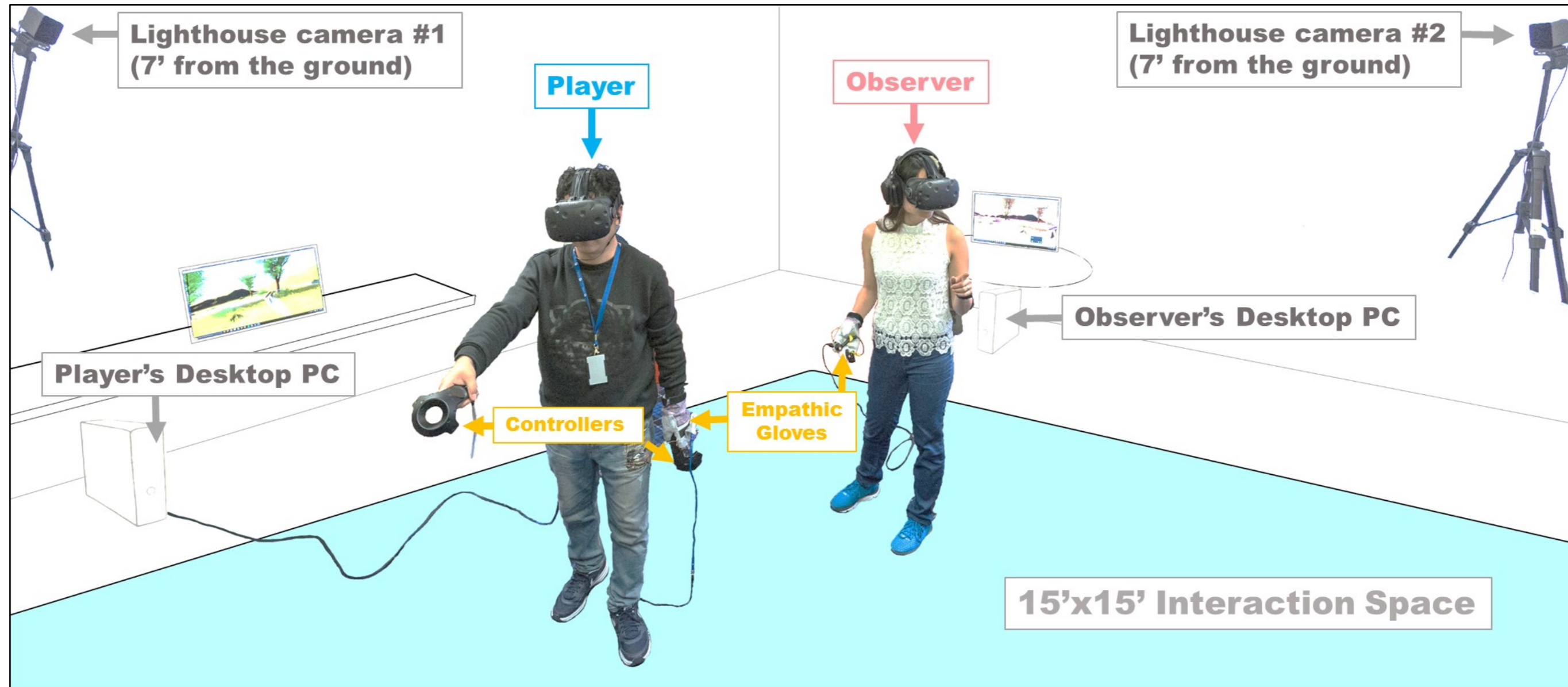
VEs can cause emotional change

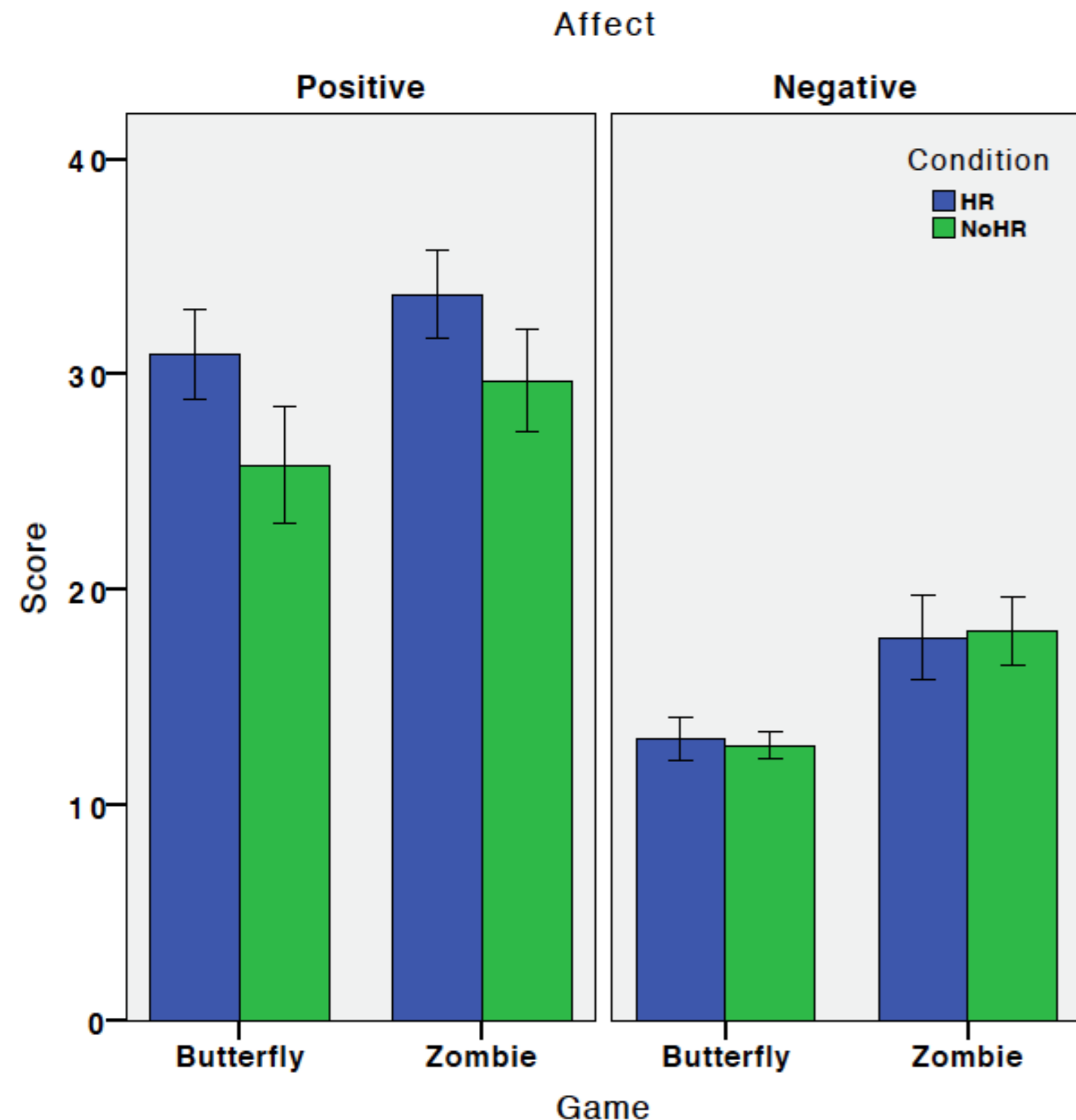


Bernal and Maes; ACM CHI 2017

Emotional expression in VE cause enjoyment

Sharing Physiological States in Collaborative VR





Data Collected

- Raw heart-rate
- Positive and negative affect schedule (PANAS)
- Relative head orientation

Results

- Higher positive affect
- More communication between collaborators
- Observer interaction needed



(a) Escape Room



(b) Exploration

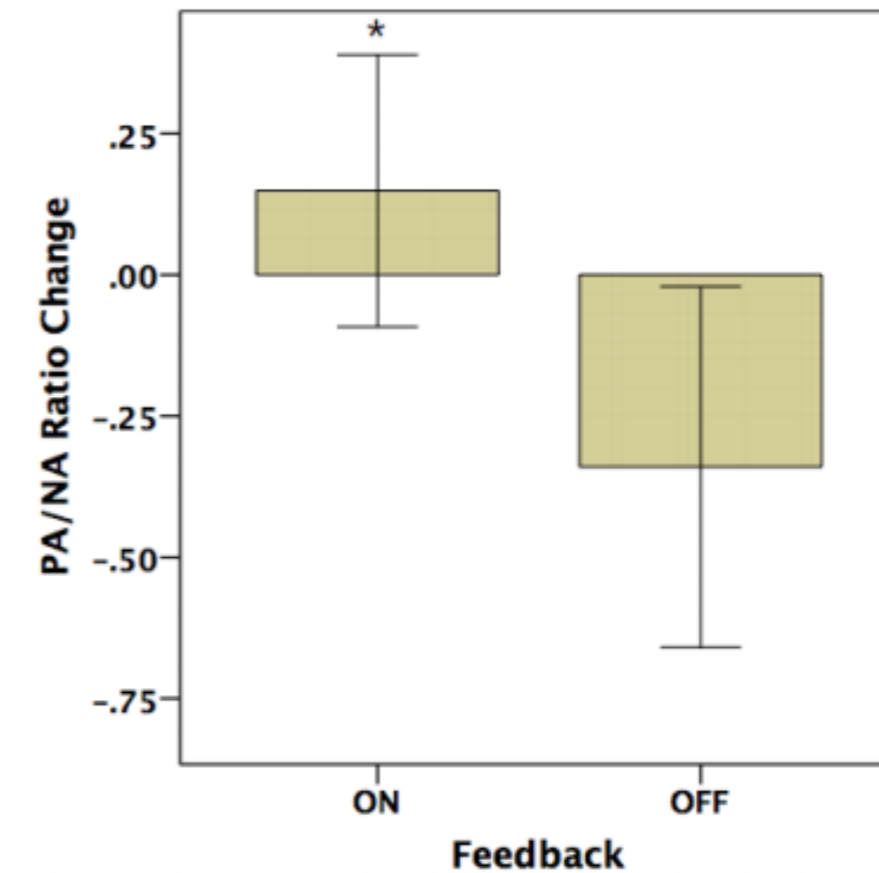
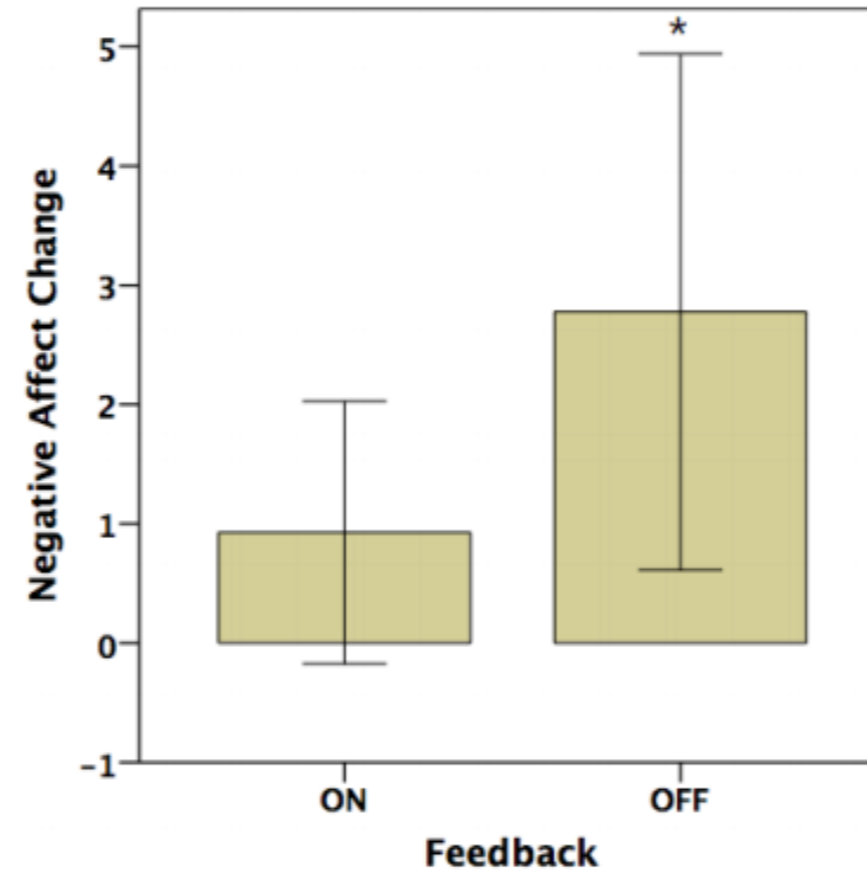
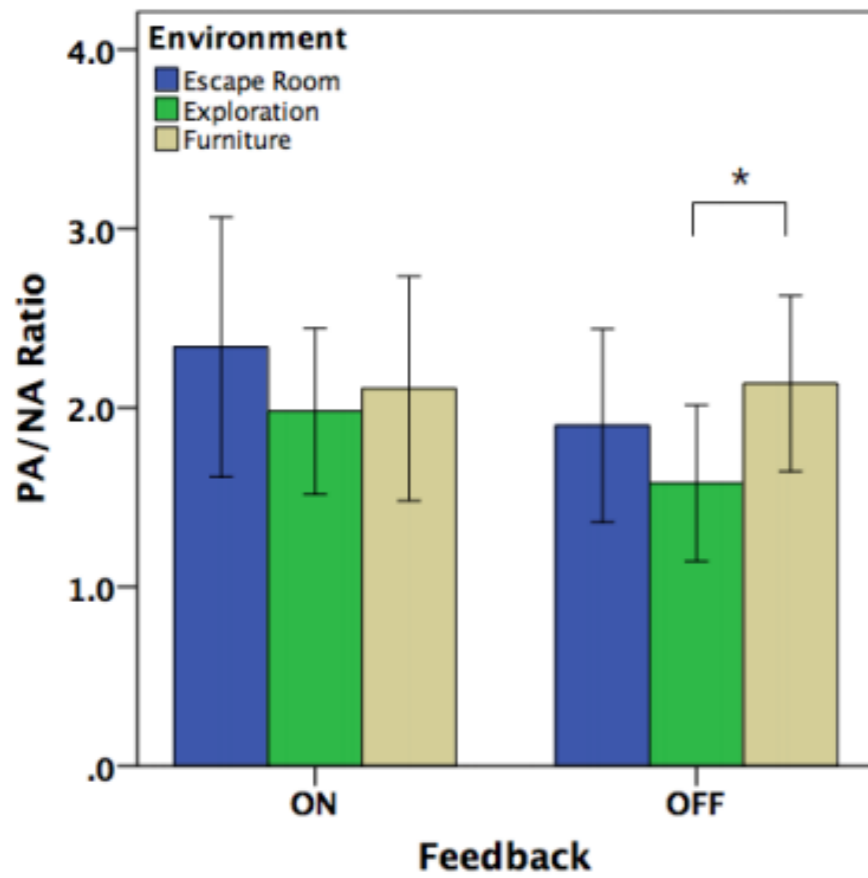


(c) Furniture Arrangement

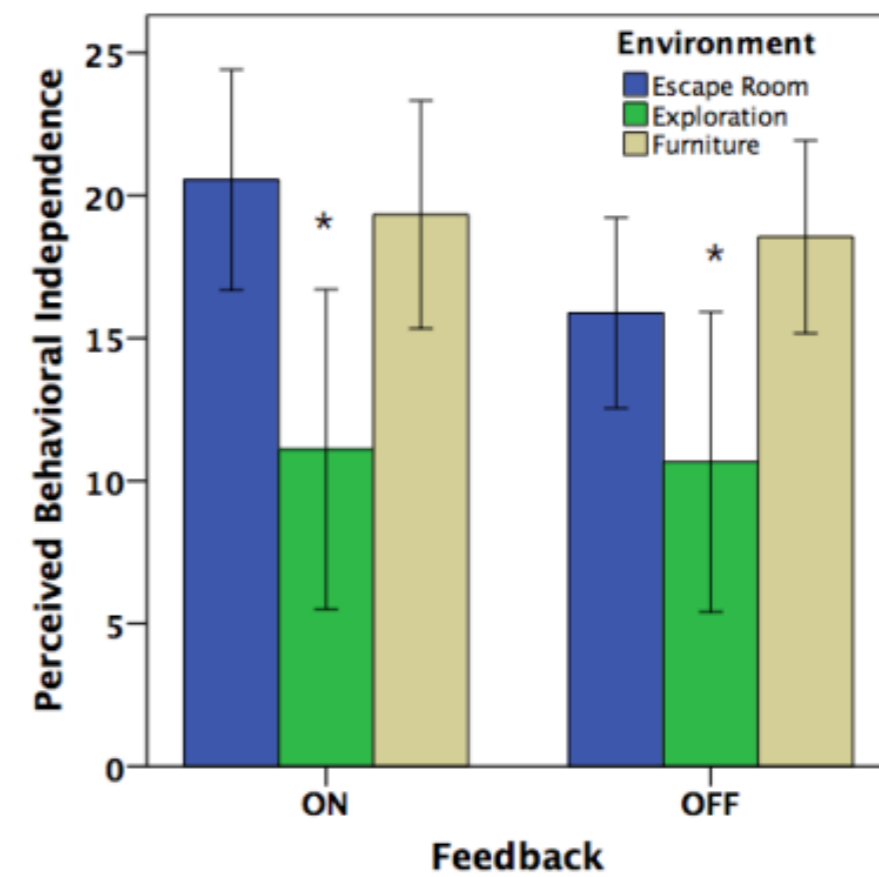
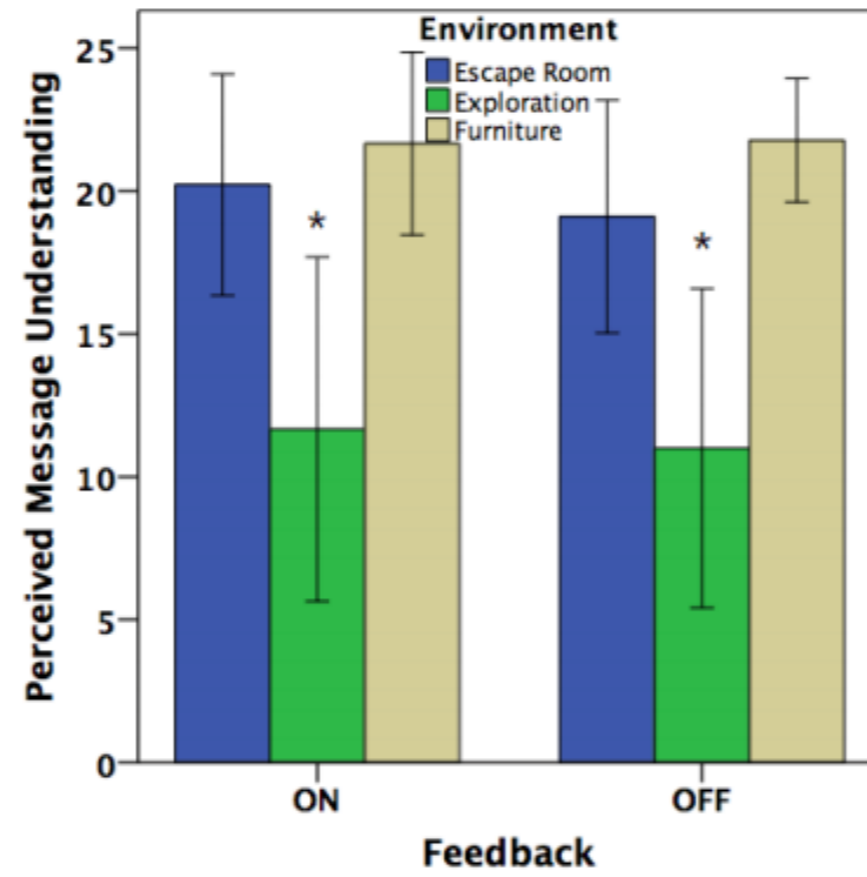
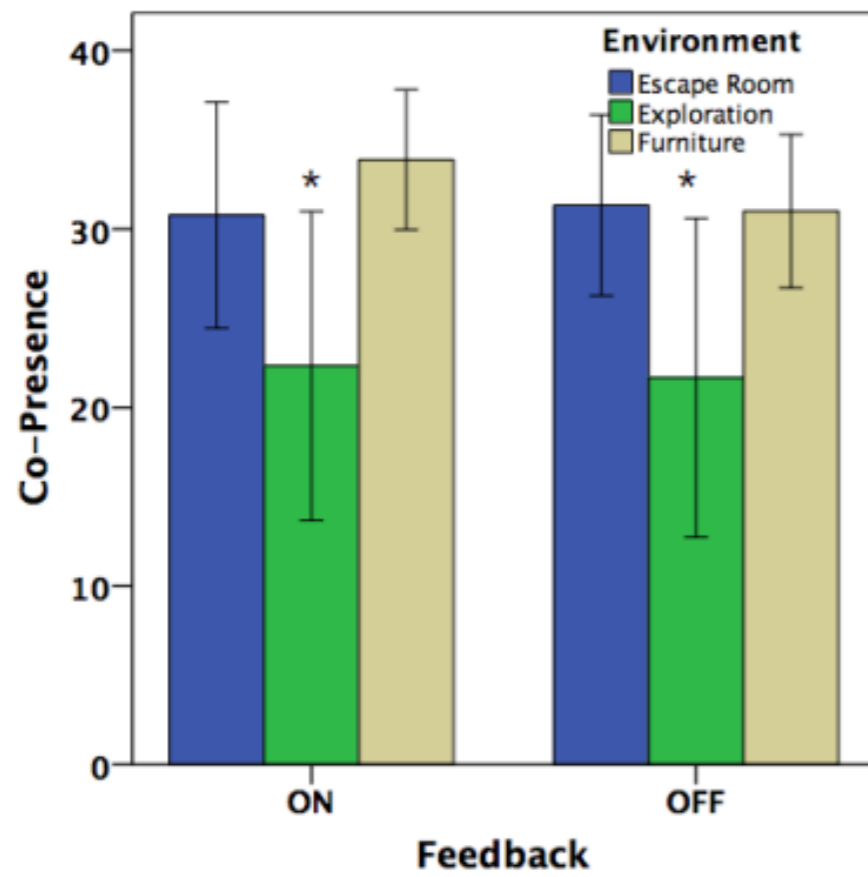


Multi-Sensory Heart Rate Feedback in Collaborative VR

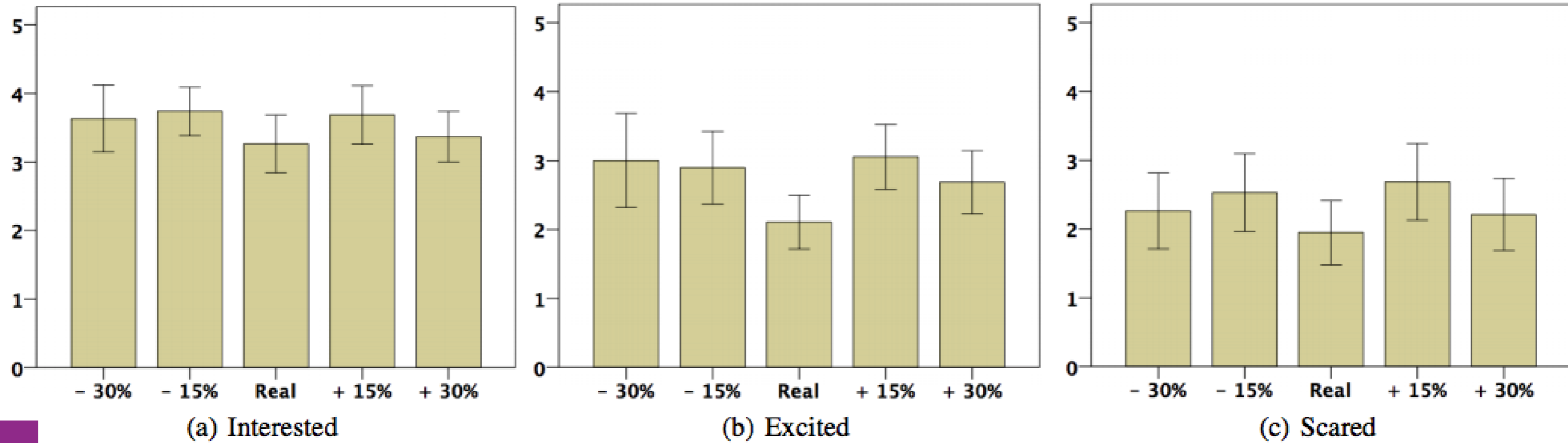
PANAS



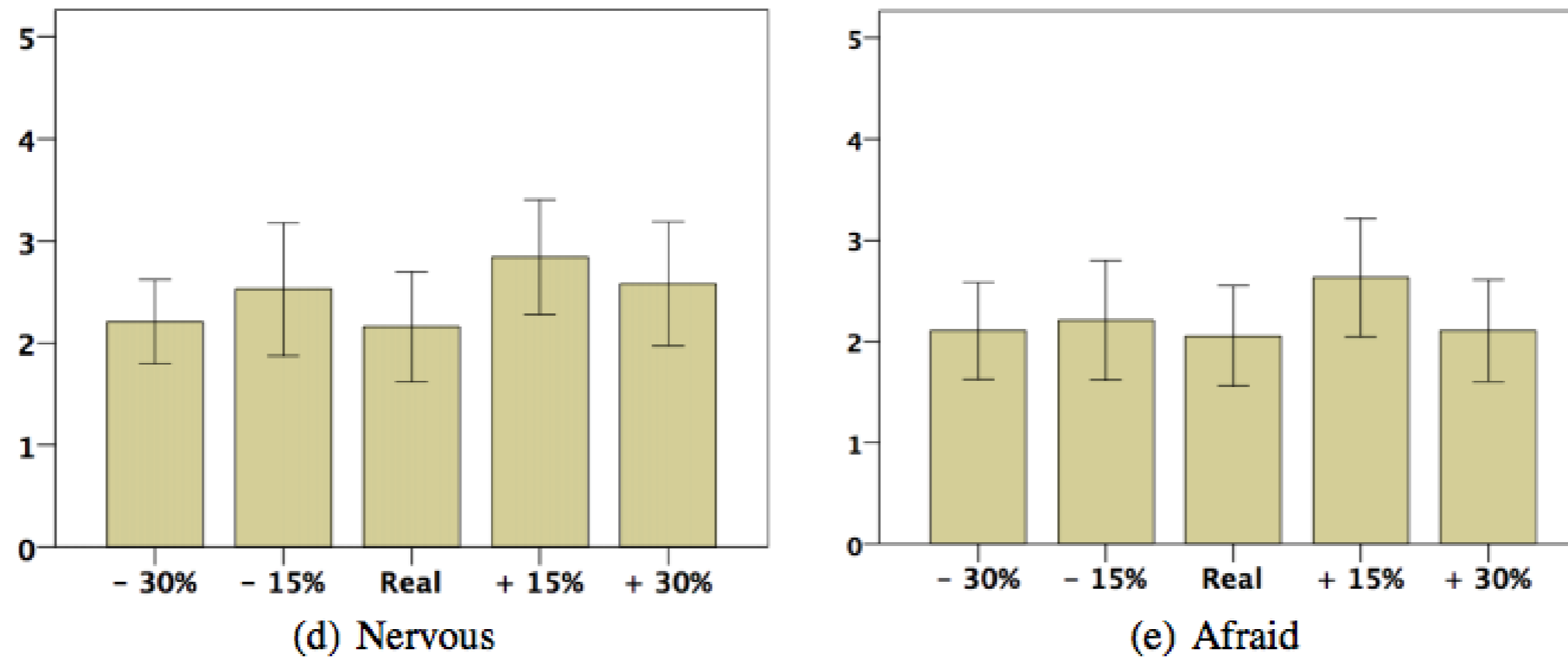
Social Presence



Manipulating Heart Rate Feedback in VR



PANAS



Shared and Manipulated Heartrate Feedback in VR

Active



Passive



Manipulation

-20%, 0%, +20%

For self and collaborator

- Positive and negative affect schedule (PANAS)
- Self-assessment manikin

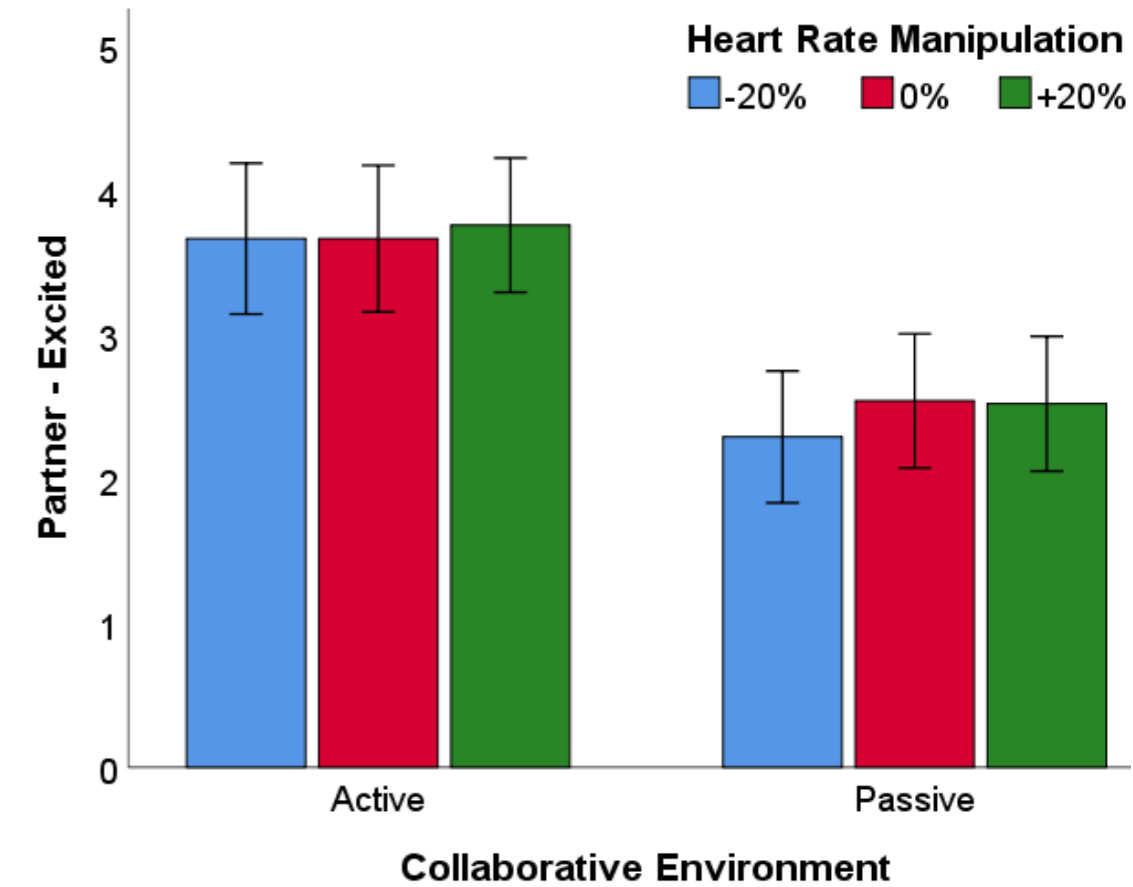
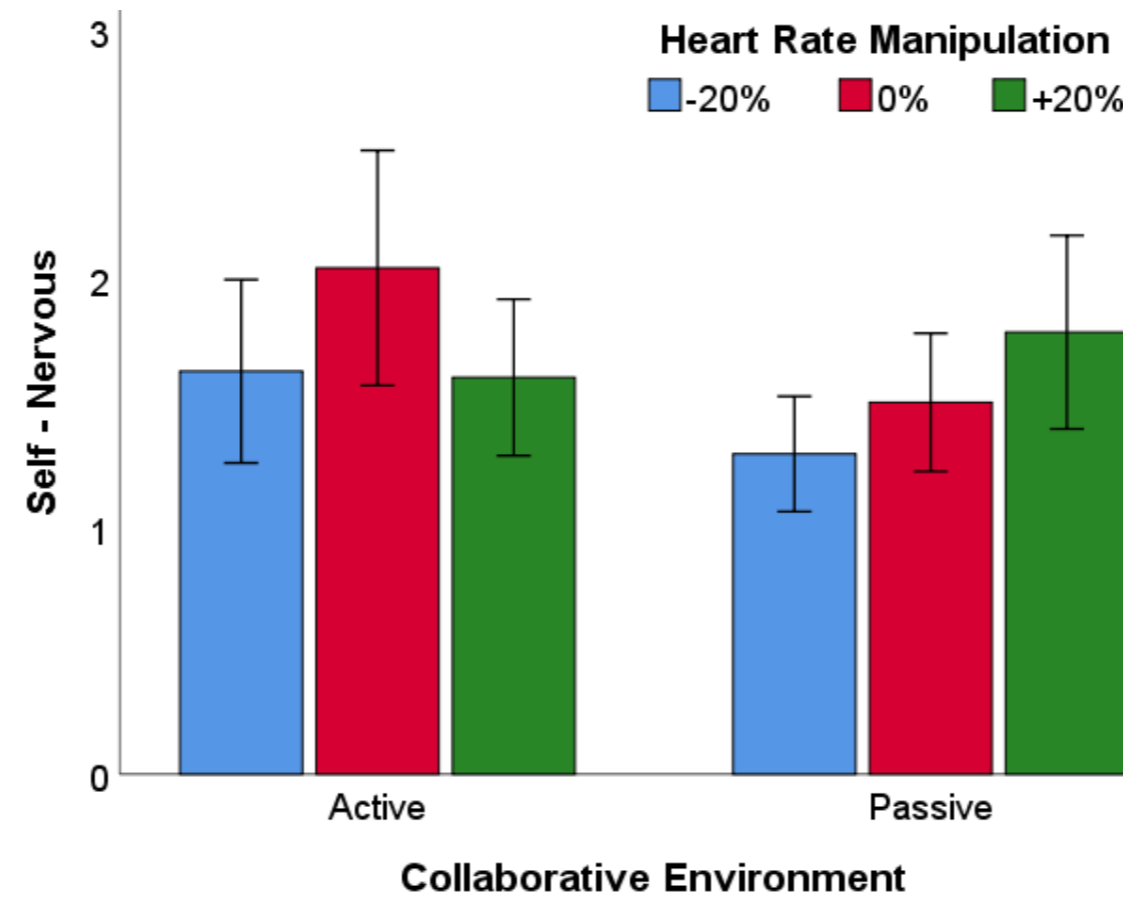
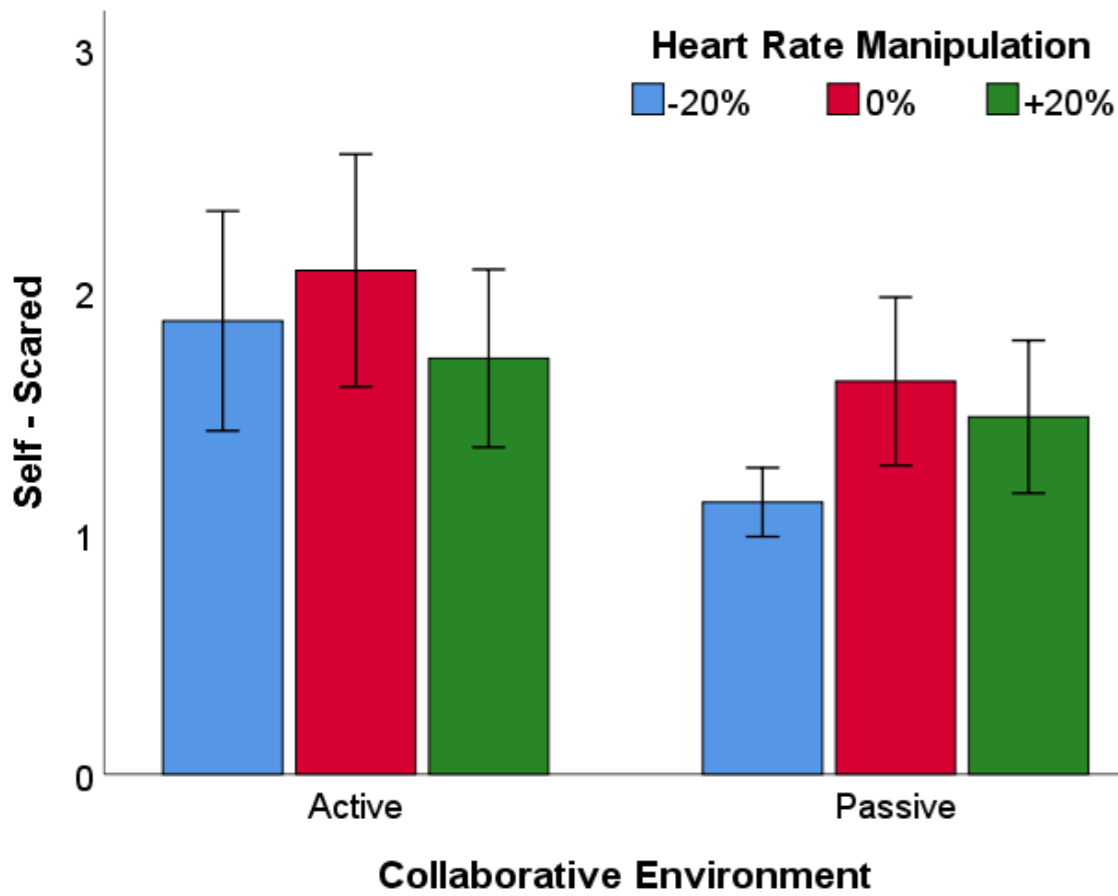
Only for self

- Social presence
- Inclusion of the other in self scale
- Other questionnaire
- Real heart rate



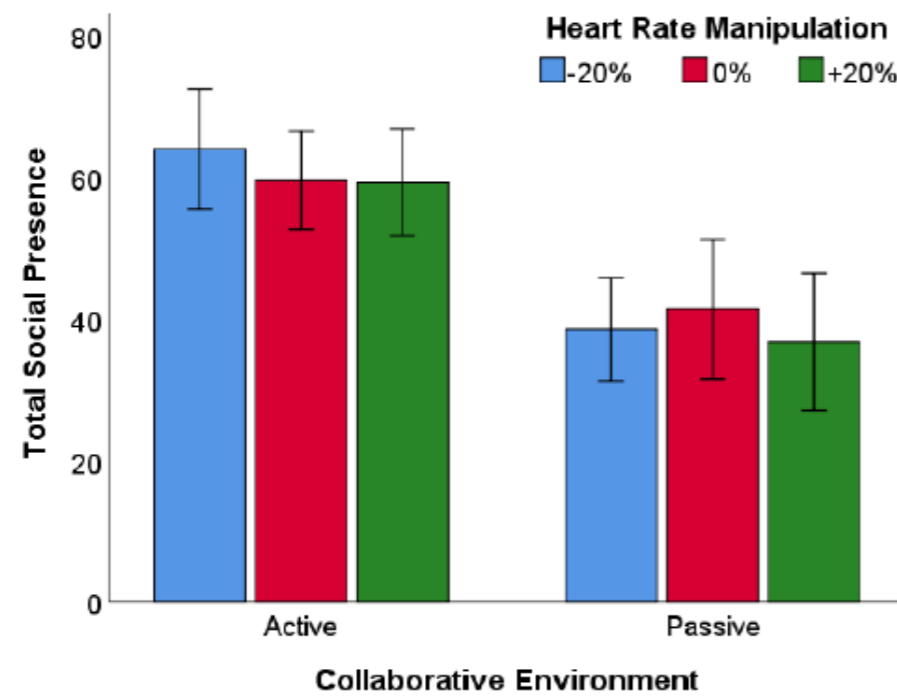
- 24 Participants (12 groups)
- 2 hours per pair
- \$20 gift vouchers

- Received each other's heart rate feedback
- Audio-haptic feedback
- Participants were unaware of manipulation
- 6 virtual environments (counterbalanced)

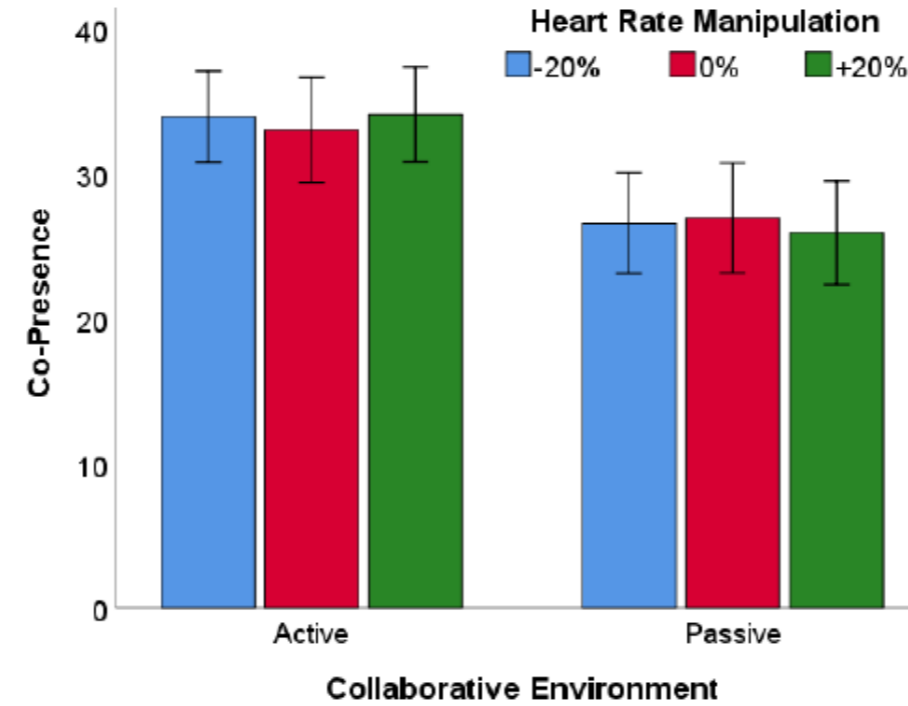


Passive VE: +20% caused more scariness and nervousness than -20% in *self*

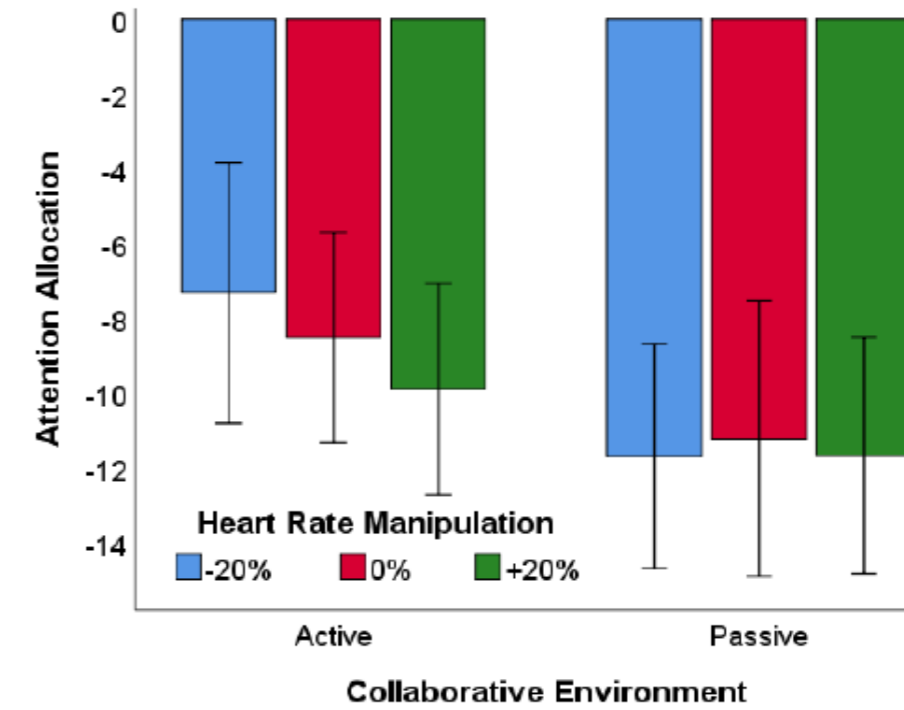
Active VE: *Partner* perceived to be more excited



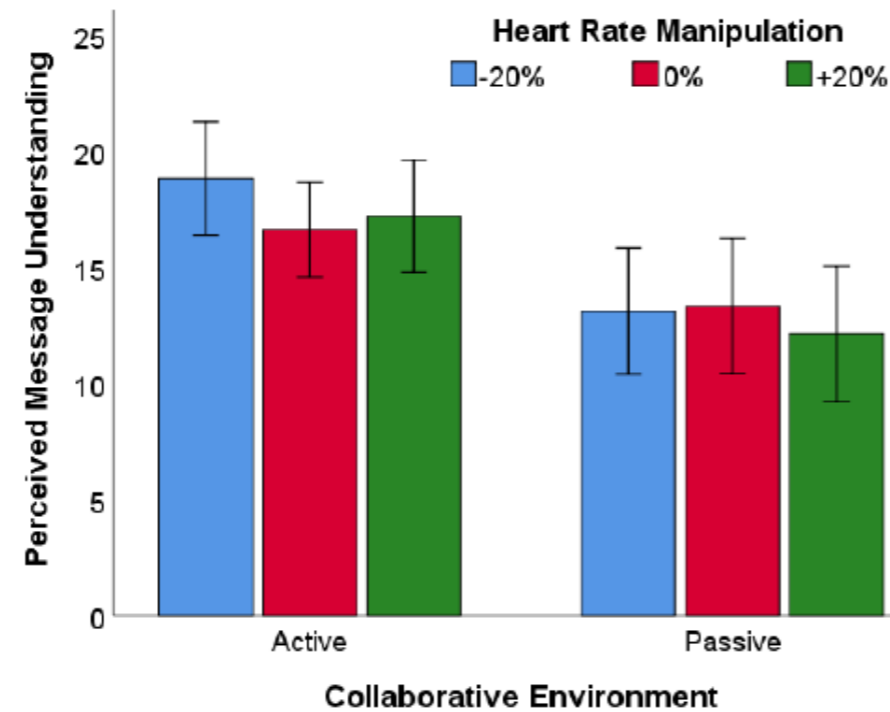
(a)



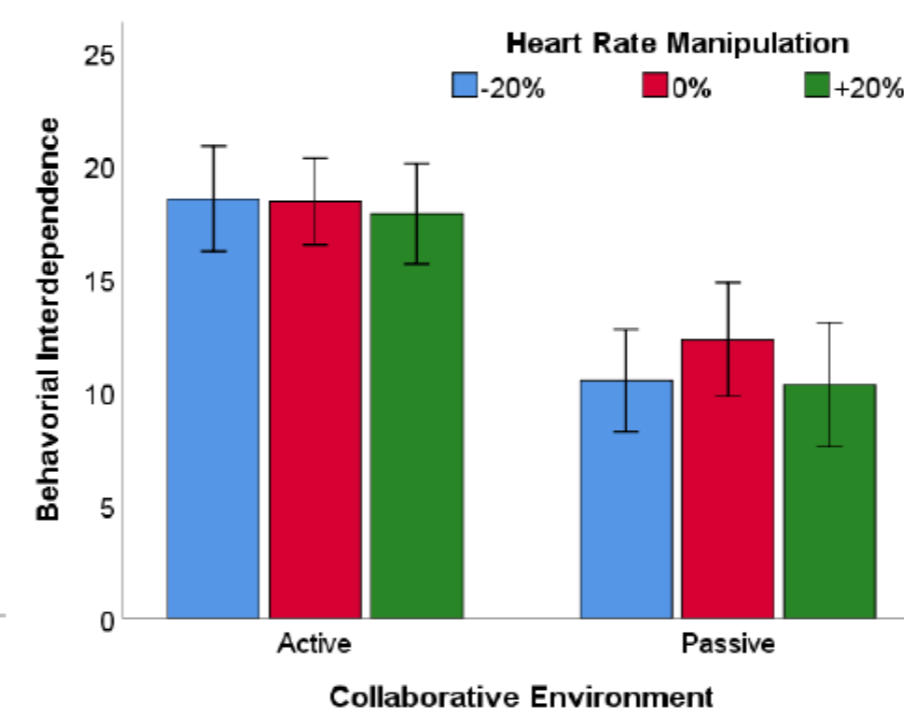
(b)



(c)

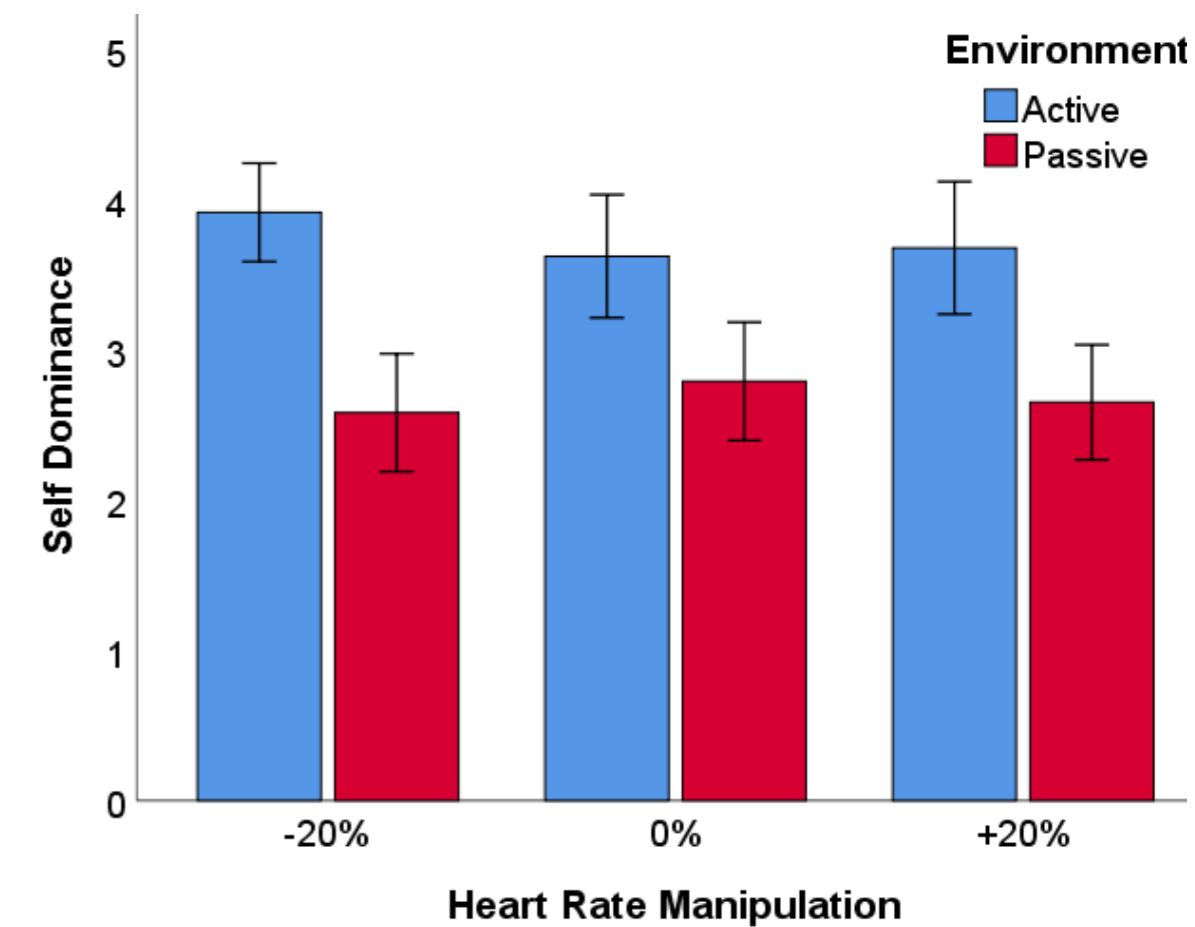
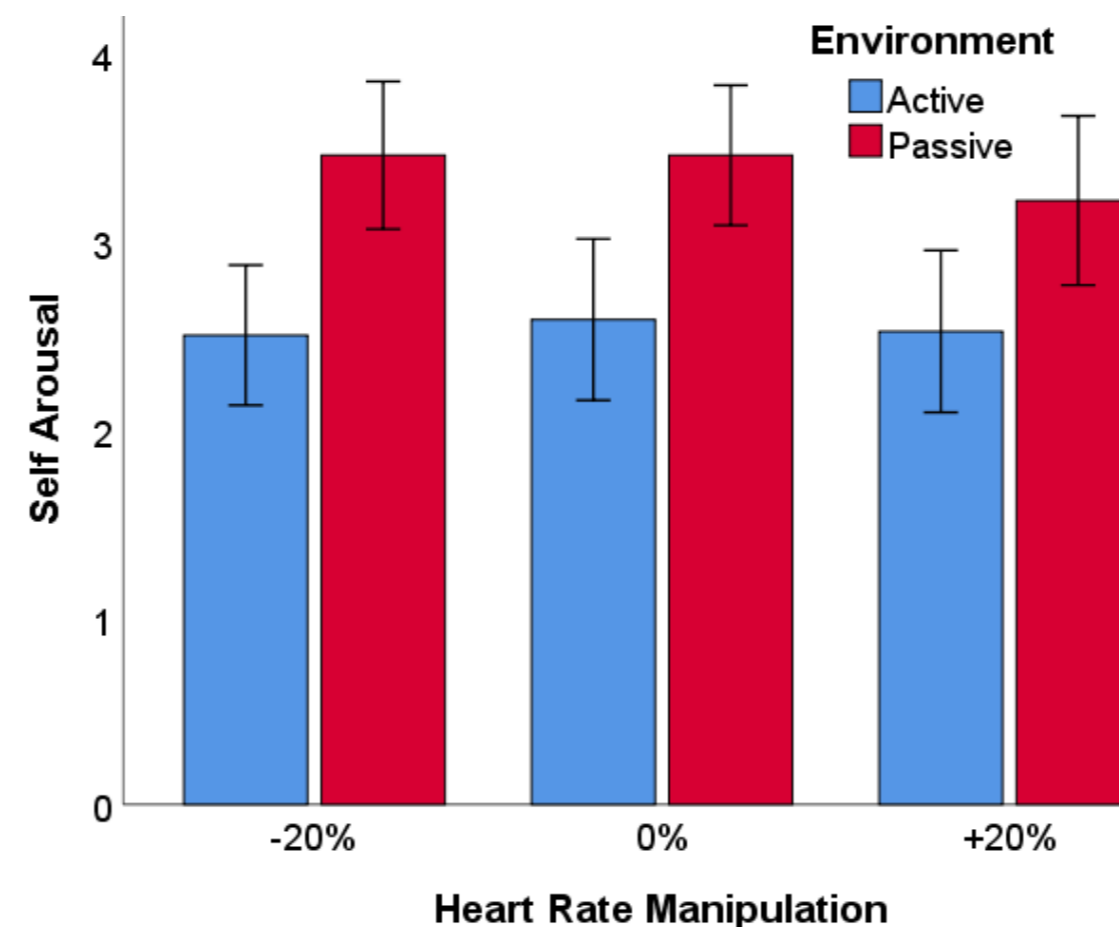
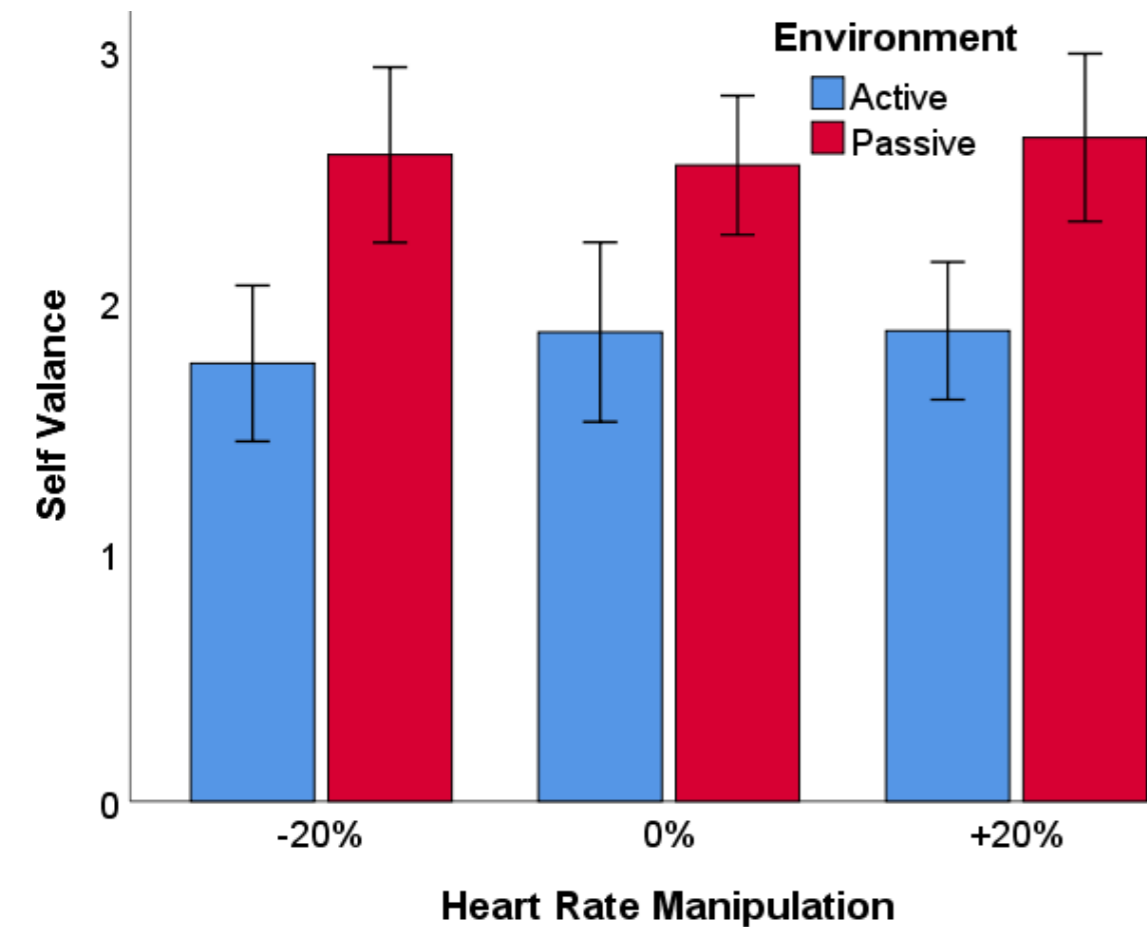


(d)

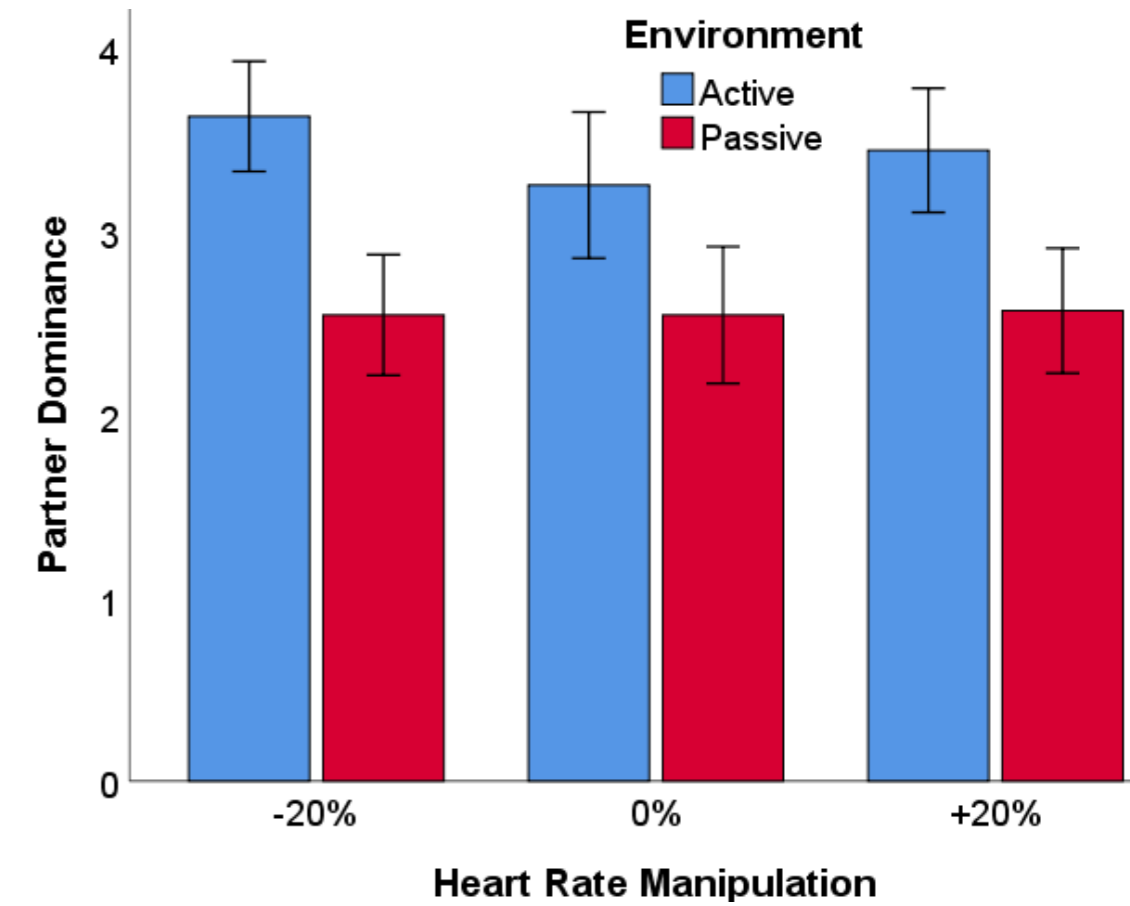
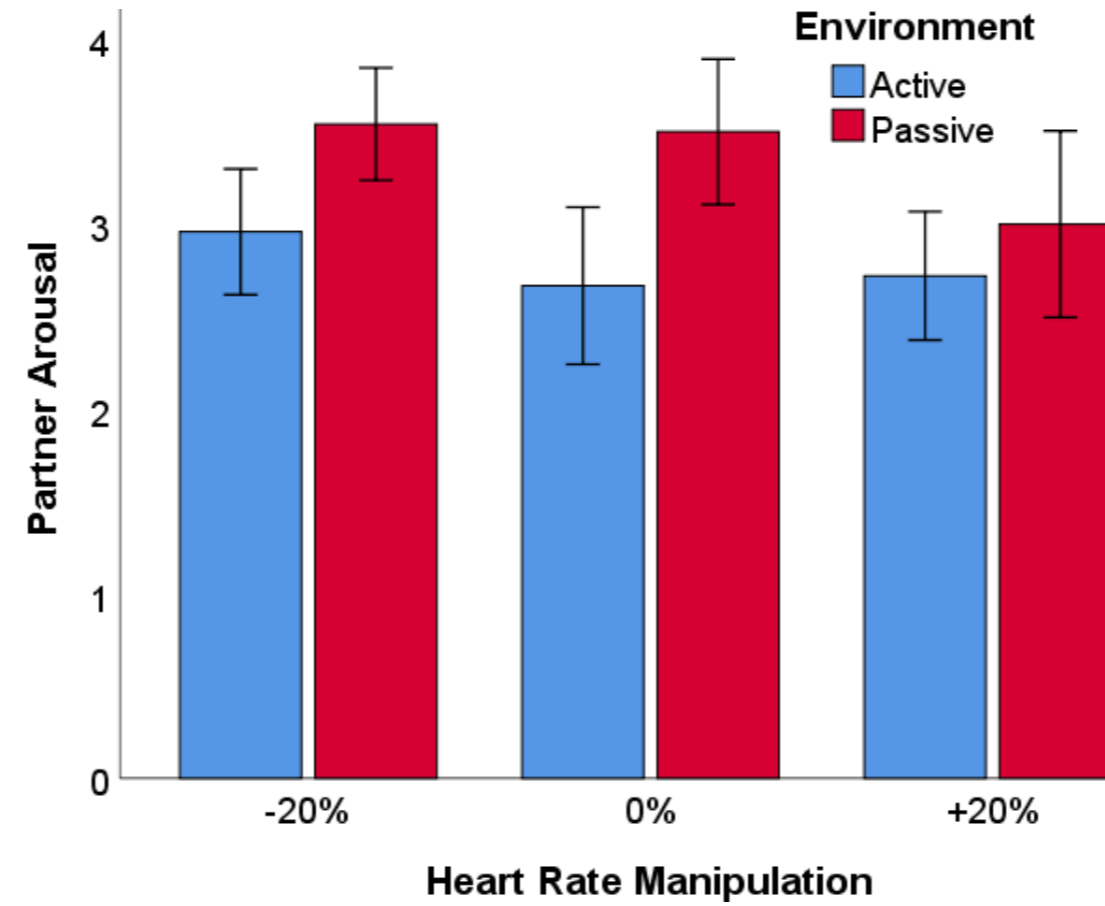
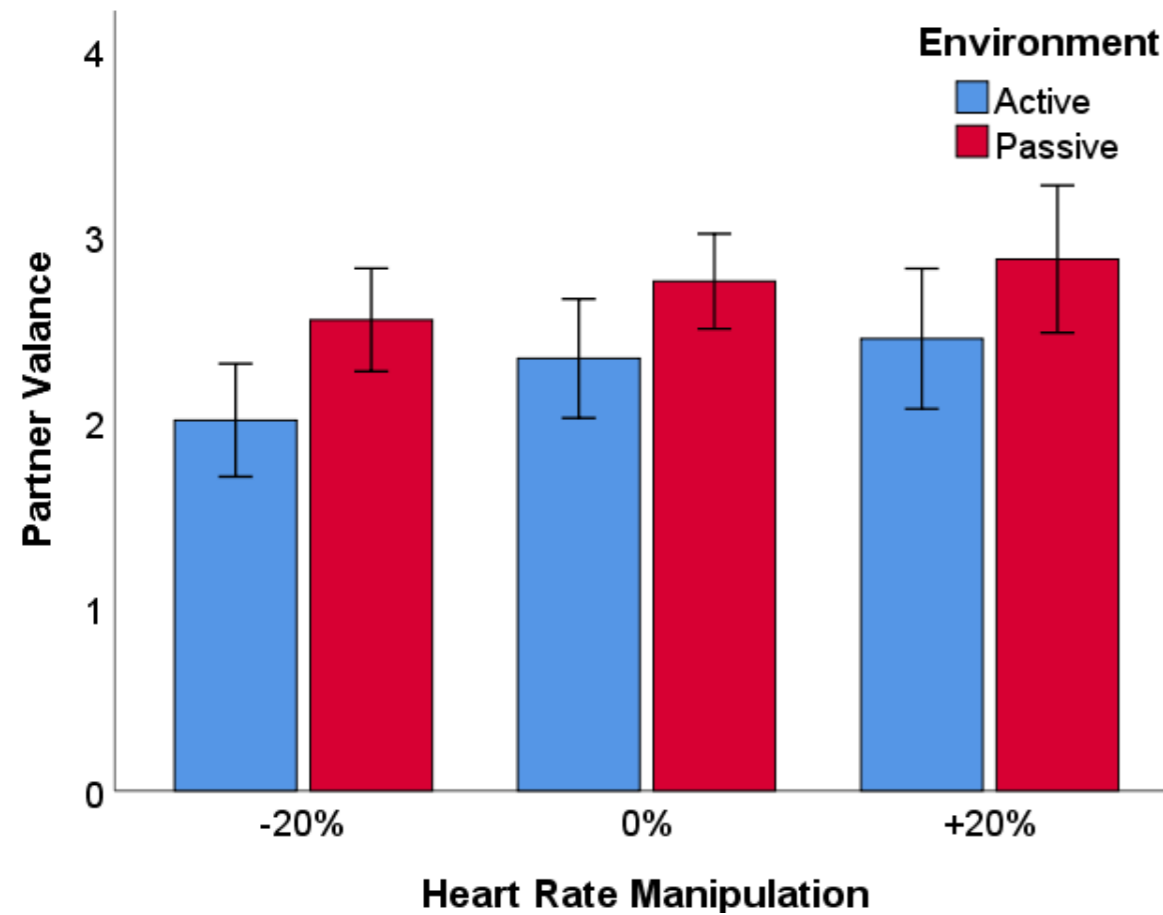


(e)

Active environment causes higher social presence



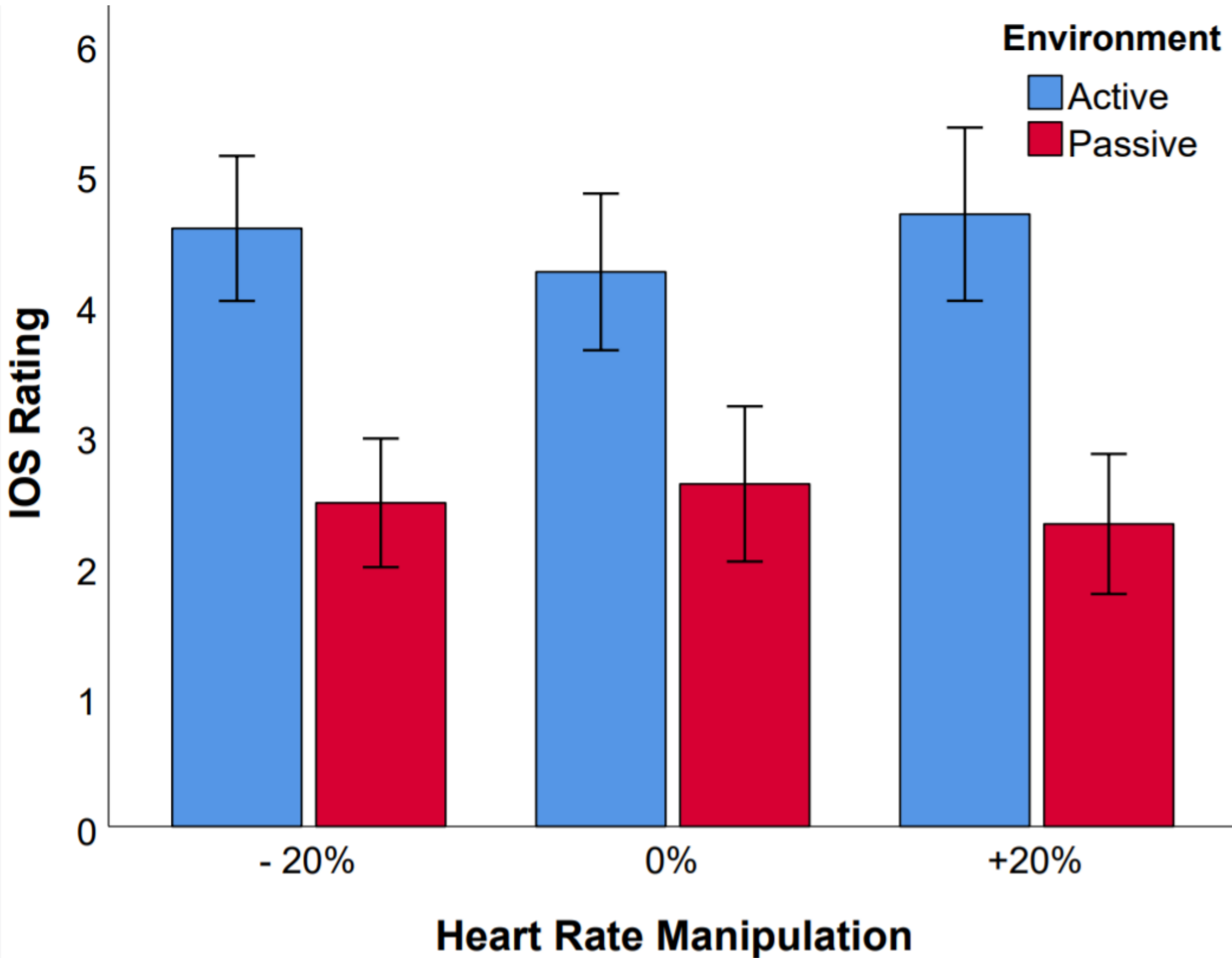
Passive VE: rated higher for valance and arousal
Active VE: rated higher for dominance



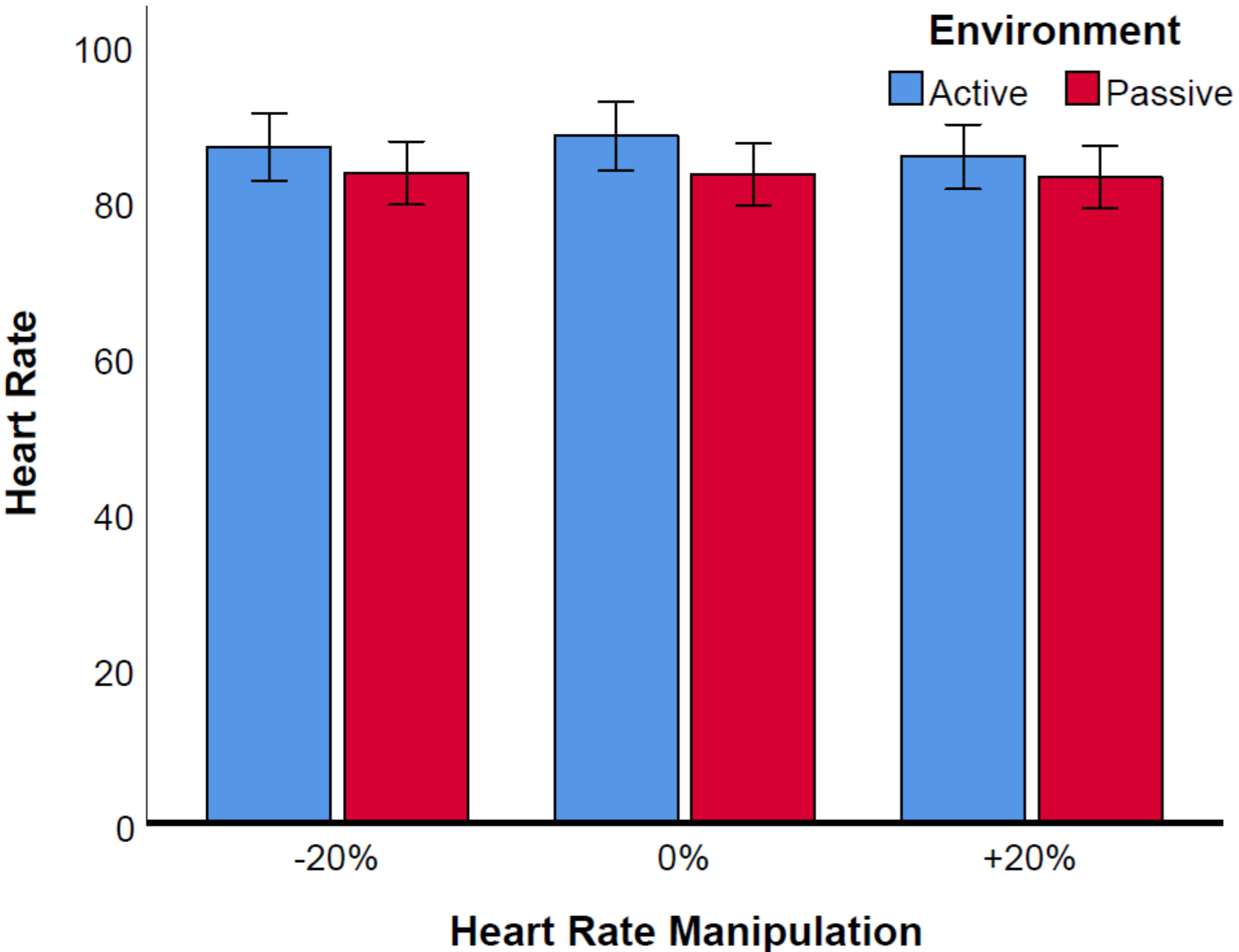
Passive VE: rated higher for valance and arousal
Partner perceived to have higher valance

Active VE: rated higher for dominance

Inclusion of the other in self scale



Active VE caused
higher connection



Active VE caused higher heart rate

+20% manipulation had lowest heartrate (trend)

Collaborative environments affect

- social presence
- emotional awareness
- raw heart rate
- subjective connection

Heart rate manipulation affects

- self emotional awareness in passive VE
- raw heart rate

Social presences increases with

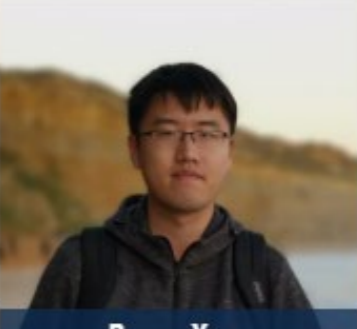
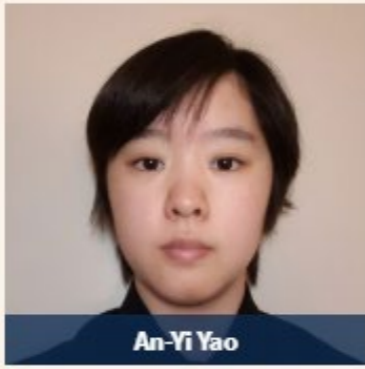
- Shared awareness cues
- Higher interaction

Shared physiological feedback can

- Increase communication
- Alter emotions but not real signals
- Increase awareness but may not change action

- Emotionally and cognitively adapt interfaces for collaborative learning, training, and social interactions
- Understand how brain synchronization works in collaborative XR
- Effectively share emotional and cognitive states to create empathy in collaborative XR

Thank You!



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